

Support ♥ Educate ♥ Advocate

WomenHeart Support Group

Online Zoom Meetings

**Every Second Wednesday of the Month 6-7pm
and**

Every Third Tuesday of the Month 11am-12pm

WomenHeart is the only national organization dedicated to advancing women's heart health through advocacy, community education and patient support. As the leading voice for the 42 million American women living or at risk for heart disease, WomenHeart advocates for equal access to quality care and provides information and resources to help women take charge of their heart health. www.womenheart.org



Join us on the second Wednesday meetings for a guest speaker who will have a short presentation on factors affecting heart disease, wellness, or mental health. Support group immediately follows.

Third Tuesday meetings are support group only for discussion and community.

Email below for the Zoom link!

For more information, call or text our WH Champion Noreen at 224-567-3974

or email

WH-dignityhealthEVA@womenheart.org



WomenHeart Dignity Health East Valley