

Support ♥ Educate ♥ Advocate

WomenHeart Support Group

Online Zoom Meetings

Every Second Wednesday of the Month 6-7pm

Call or text our WH Champion Adrienne 503-799-3543

****NEW**** *In-person Support Group*

(in Fountain Hills) Every Third Tuesday of the Month 11am-12pm

Call or Text Champion Joann for information: 917-346-7370

WomenHeart is the only national organization dedicated to advancing women's heart health through advocacy, community education and patient support. As the leading voice for the 42 million American women living or at risk for heart disease, WomenHeart advocates for equal access to quality care and provides information and resources to help women take charge of their heart health. www.womenheart.org



WOMENHEART

Join us on the second Wednesday of the month for online support group and bi-monthly talks from East Valley clinicians and allied health professionals on common heart diagnoses and lifestyle modifications. *Email, call or check the Facebook events for the Zoom meeting link.*

For more information, call or text our WH Champion Adrienne 503-799-3543

or email WH-
dignityhealthEVA@womenheart.org



WomenHeart East Valley