

Dignity Health Family 5K

Join us for our 5th Annual Dignity Health's Family 5K on Saturday, May 4th at Freestone Park, Gilbert, AZ. The event has a distance for everyone, including a 5K Run/Walk, Family 1 Mile, and 100 Yard Kids' Dash, so bring your family, friends and colleagues!



Your family will be supporting all families that use the Birthing Centers at Chandler Regional and Mercy Gilbert Medical Centers including those needing infant bereavement support.

Run, Play and Give!

Join us on Saturday, May 4th

6:00am Registration Starts

7:00am 5K Run/Walk Begins

7:10am 1 Mile Run/Walk Begins

7:20am 100 Yard Kids' Dash Begins

8:15am Awards Ceremony begins (approx)

What you get:

Custom Event Medal

Custom Event Dri-Fit Tech T-Shirt

Age Group Awards for Top Three in all Age Groups

Pre- and Post-Race "Runner's Brunch" (bagels, fruit, water, Gatorade, etc)

Real Time Results and Photos on our Website or Mobile App (on Apple and Google) Course set/ marked by a professional race management team to maximize your experience!