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June 2015

Featured

Letter from the President

[Golf
Tournament
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Patients](#)

June is, sadly, a time of goodbyes to board members and I can't say enough about the two leaving us - Tom Marreel and Joan Krueger. Their collective impact on our community and on thousands of lives can not be measured. Their leadership of our board, campaigns for both Mercy Gilbert and our expansion at Chandler, and our many community programs is priceless. I thank them on behalf of our patients and ask that they keep in touch and keep spreading the word about how we are together "making a difference" and furthering the healing ministry of Jesus.

[June
Fundraiser to
help Teens](#)

June is definitely a month of completion and gratefulness. We thank new board chair, JW Rayhons, and his company for helping to honor our nurses with treats at Nursing Week. We also celebrated our incredible Volunteer Group and their Paws for Patients teams this past month for thousands of hours supporting our patients.

[Gift of
Guided
Imagery](#)

There are a few more notable thank you's in this newsletter, however, I have to say the Chandler Regional Medical Center employees really stepped up to the plate in our recent giving campaign. They give of themselves each day, yet they know the importance of providing funds to the Foundation to purchase much needed supplies, equipment and training to support patients. Thanks!

[Go Rosa!](#)

This newsletter is too short for all that I want to tell you about the incredible programs supported by our Foundation. So please be sure to visit our [website](#) for information on upcoming fall activities. We would love for you to find a place to invest your time and talents to make a difference for our patients.

[Save the Date](#)

[Women's
Circle](#)

[Donate Now](#)

Our Mission

Have a blessed summer,

To support Dignity Health healthcare facilities and programs in the Southeast Valley through philanthropy.

Aaron Peace
President
Dignity Health Foundation - East Valley
480.728.3931

For more information, [click here](#).

Thank You
Foundation
Board

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MD



George Rozsa Golf Tournament Helps Orthopedic Patients

Our Dignity Health athletic trainers came out to golf and to talk about their service in the Gilbert Public Schools and in the community. This is a new program funded by the Foundation, as part of the expansion of orthopedic services. Students and families are getting wellness and prevention services directly in the community - and great care, should something happen to their athlete. Patients are getting back to the activities they enjoy thanks to our orthopedics team, rehab department and our great doctors. Of course who better to understand full mobility and great orthopedic care than golfers.

Thank you to all of our supporters and most particularly the major golf sponsors, led by *Premier Emergency Medical Services, United Surgical Partners, and Barrow Neurosurgical Associates*, who all joined in support again this year. And to the fearless leaders Carl Nelson and Ryan Hook, who along with their committee, created a lot of fun and momentum on the day. They took the total over the top to the highest grossing tournament at over \$175,000 on the day. Of course, it was again hosted by the team at the gorgeous Ocotillo Golf Resort and included a live outdoor concert by American Idol Taylor Hicks.



This tournament continues to be a real tribute to the power of volunteers in the name of



volunteer George Rozsa.
Many orthopedic patients and students will receive wellness and care thanks to your support!

Help Teens to Help Themselves and Their Families - June Fundraiser

Felicia Romero and the team at Fit Method are honoring the community outreach program by hosting a T.E.E.N.S. for Teens Fundraiser throughout the month of June.

Fit Method's mission is to empower overall wellness through fitness and healthy lifestyle. They are spreading awareness through providing an information and donation booth that benefits the teen outreach program sponsored by Dignity Health in the southeast valley. This program provides teen moms empowerment through Teen Education, Encouragement, Networking and Support. The new moms group concentrates on creating and assisting with positive goals and healthy life outcomes through interactive activities for this unique population. Stop by Fit Method to learn about how you can provide empowerment to Chandler's youth that participate in this program. 100% of the donations will directly benefit the Teen Pregnancy and Parenting program. Visit frfitmethod.com for their location.

The Dorothy Foundation's Gift of Guided Imagery



Diane Milne, a cancer survivor in remission since February 2015, has a vision to assist cancer patients on their journey to beat cancer through guided imagery. Guided imagery is a holistic, mind-body therapy that consists of healing words and images, set to soothing music, to achieve specific healing goals. Guided imagery is designed to connect with a person's innate cancer fighting immune system, which is a person's strongest ally. Diane listened to guided imagery audio CDs during her treatment at and continues daily for empowerment.

“Guided imagery helped me decrease fear of the next treatment or procedure and gave me courage to go forward and fight with courage and optimism,” says Diane. “I am able to harness the innate healing wisdom God has placed within each of us. The imagery and positive affirmations empowered me to be the key player and an active participant in my health care team.” Diane continues to visit oncology patients, where she inspires positivity, hope and empowerment within many patients.

The Dorothy Foundation is helping Diane realize her goal by donating the first 31 CDs and DVDs from Health Journeys. The Guided Imagery program is set to launch in July 2015 and will be named in Dorothy's Gift, in honor of Dorothy, a brave and heroic woman of faith who regularly listened to guided imagery in the mid 1970's during her fight against cancer. Diane, along with a social worker and hospital chaplain, are preparing to train the oncology nursing staff on guided imagery and the benefits it had in her life. Upon success at CRMC, Diane aspires to deliver the guided imagery program to additional Dignity Health facilities as well as the Ironwood Cancer Research Center's Infusion Center.

Go Rosa! A Gift from the Heart

98-year-old Rosa recently made her third donation of homemade quilts to the patients at PCH's inpatient unit at Mercy Gilbert.



SAVE THE DATE!

Two amazing events coming up! @ the Sheraton Wild Horse Pass Resort and Spa, an amazing supporter of Dignity Health in the southeast valley.



Dancing for Stroke - see some of your favorite health care providers and patients in this amazing show and dinner on Sat. October 3, 2015 @ 5:30 p.m.

[For more information.](#)



Laughter is the Best Medicine "Cruising for a Cause" annual gala, featuring stellar entertainment and benefiting Cardiac Care on Sat. November 7, 2015 @ 5:00 p.m.

[For more information.](#)

Women's Philanthropic Circle Donates to Children's Dental Clinic

The Women's Philanthropic Circle was formed to raise awareness and garner support of important health issues that are central to both Chandler Regional and Mercy Gilbert Medical Centers and the health and well-being of women and families in the Southeast Valley. They continued their mission by adding new members and holding two spectacular fundraisers - a High Tea at the Biltmore and shopping for Mother's Day at Kendra Scott jewelry donating over \$750 to benefit families at the clinic. They continue their service to the community by donating time to projects such as Matthew's Crossing (see volunteers in photo below). For more information and to join the fun, fellowship and service contact bridget.doherty@dignityhealth.org.



Thank you to all of our donors who have given more than \$125 since our last newsletter - we appreciate you!

Mr. and Mrs. W. Abbott, Advanced Foot & Ankle Specialists of Arizona, Mr. and Mrs. Rudy Apodaca, Mrs. Renee L. Balli, Mr. and Mrs. Tim Bricker, City of Chandler - Community Development, Mr. Thomas Corkery, Dorothy Foundation, Mr. Jorge H. Escalante, First Things First, Mr. John Ford, Mr. Robert Galbreath, Mr. Robert Halverson, Ms. Carrie Hamstra, HealthSouth East Valley, Mr. Steve Hewitt, Mr. Kurt Hofleit, Mr. Gerald R. Johnston, Mr. and Mrs. W. Todd Lamb, Ms. Sara Lidman, Ms. Terri Mahl, Ms. Susan Moran, Dr. and Mrs. Yagnesh Patel, Ms. Jolene Pomeroy, Premier Community Management, Inc., Rayhons Financial Solutions, Ms. Peggy J. Reap, Mr. and Mrs. Sean Rozsa, Ruth McCormick Tankersley Charitable Trust, Schuff Steel, Mr. and Mrs. William Soares, StartLine Sports, LLC, Reverend Joyce Steiner, Mr. and Mrs. Steven E. Sterbach, Mr. and Mrs. Peter D. Trice

Thank you to our Benefactors who wish to remain Anonymous



Corporate Spotlight: We know that Salt River Project supports their customers and Valley nonprofits. We want to take a moment to thank SRP for placing your trust in Dignity Health to serve our community. We spotlight the efforts of their employees on our boards and those participating in our fundraising events - for over 10 years! As a company they are a proud supporter of BOTH the capital campaigns for Mercy Gilbert and now for the new tower at Chandler Regional Medical Center. Most recently, they dropped off coloring books for children who are

in our emergency departments, waiting rooms, and the PCH children's unit at Mercy Gilbert Medical Center. Thank you to the fine folks at Salt River Project!

For More Information

Dignity Health Foundation East Valley now has more ways for you to get information – from Foundation and hospital news, to special events, fundraising campaigns and more. Please LIKE our [Facebook](#) page or watch our [website](#) for more information.

We're happy to speak to you in person, via phone or by e-mail, to answer your questions or assist you in opting out of communications or fundraising requests. Call the philanthropy team at 480.728.3931 or send us an e-mail at eastvalleyfoundation@dignityhealth.org.

To donate to the Dignity Health Foundation East Valley, please [click here](#).

Photo credits: Mark Skalny Photography, Black Dog Photography and Phoenix Children's Hospital

Dignity Health Foundation - East Valley for more information or to opt-out call 480.728.3931