

In This Issue:**September 2015****Featured**[Athletic Trainers in the Schools](#)[Children's Dental Clinic](#)[Gift of Guided Imagery](#)[Events](#)[Employee Giving](#)[Donate Now](#)

"Making a Difference" represents our hope that the newsletter shows how you can personally make a big impact in your community. More importantly, I hope that you will want to invest your time, talent and treasure in one of our programs, if you are not already doing so.

Speaking of someone making an impact, Diane Milne is an amazing woman, a former nurse, and a cancer survivor. She is also a grateful patient who is joyfully impacting the lives of current cancer patients and their families. See her amazing story below.

I must admit, the story of the young man at our Dental Clinic struck a chord in my soul. This story reminded me that our community outreach programs create meaningful change in hundreds, even thousands of lives, each year. The mission of the Dental Clinic also struck a chord with the Foundation's newly formed Women's Philanthropy Circle, as they chose it as their annual fundraising priority. If you would like to join a dynamic group of women who are networking, volunteering and making a huge impact in the southeast valley please call 480.728.3931 today.

Groups of volunteers - like those working in the women's circle or gathering to work on fundraising events - are definitely making an impact and multiplying what our Foundation can do to advance our mission. I thank everyone who volunteers on behalf of the Foundation and our Dignity Health hospitals.

It was a sad goodbye and thank you to our teen volunteer, Raheeq, and the other Volunteers who worked hard all summer. They bring such spirit and energy to our hospitals. We wish them all the best in the upcoming school year and look forward to their return next summer. The Nationally Recognized Volunteer program is a great place to invest your donation as it impacts patients and the future healthcare workforce.

It is also a time to thank all of board members. Six new members are joining our board this year including Sharae Kallian, Felicia Vandermolten, Tom Canale, Nick Promponas, Matt Scruggs, and Dave Soback. We are also very sad to acknowledge that after 10+ years of service, Joan Kruger and Tom Marreel have termed off of the board. All Foundation board members bring a wealth of talent and energy and I cannot thank them enough for their dedicated service.

Be sure to visit our [website](#) for information on upcoming fall activities. I would love for you to find a place with us to philanthropically invest in advancing healthcare in our community to make a difference for our patients.

Highest Regards,



Aaron Peace, President
Dignity Health Foundation - East Valley

Our Mission

To support Dignity Health healthcare facilities and programs in the Southeast Valley through philanthropy.

For more information, [click here](#).

Thank You
Foundation
Board

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NEW MEMBERS

Tom Canale
ShaRae Kalian
Dave Sobeck
Matt Scruggs
Nick Promponas
Felicia
Vandermolen



Athletic Trainers Create Protocols and Educate the Community on Best Practices for Responding to Cervical Spine Injuries

The Dignity Health Foundation - East Valley funds three athletic trainers in the five high schools within the Gilbert Public Schools. This is a very unique model that greatly improves the health of young people in the east valley and it could significantly impact their wellness, should they become injured in the future.

The trainers are tasked with various responsibilities including providing collaborative support and specified training protocols to coaches, student trainers, athletes, parents, orthopedic physicians, hospitals, and emergency respondents. Injuries are a part of the game, they can be serious, and therefore the athletic trainers are responsible for providing preventative training to all specialties involved in managing an injury. In August, the athletic trainers delivered a collaborative spinal injury training program to prepare for the new school year and athletic season. If a student athlete suffers a spinal injury, the care becomes methodical, it starts with the coaches and trainers who hand off care to the EMS personnel and then to the Emergency Department. Each step is vital to helping the injured athlete. "Often the coaches, especially the athletic trainers, are at the front line of these injuries. They're the ones on the field and at the gym when the injuries occur and that's often the times when you can make the biggest difference, if the athlete gets the most appropriate cervical spine care," said Dr. Matthew Hansen, Medical Director for the Sports Medicine Program. Throughout the training, orthopedic physicians and athletic trainers spent time going over the protocol, demonstrating how to respond to a cervical spine injury, and allowing all specialties to practice responding to these injuries. They practiced leg rolling maneuvers with volunteers acting as injured players, rolling onto backboards, slow and steady. "The key part of our job is to be ready and know exactly what to do when things go wrong or an athlete gets injured," said Suzie Squires, Dignity Health Athletic Trainer.

Learn more about this ground-breaking program by watching a video at www.supportdignityhealtheastvalley.org. This is a great choice of a program in which to impact and magnify your funds.

Children's Dental Clinic - The Right Dental Care for Many

To Whom It May Concern:

*I would like to inform you that the dental clinic has provided excellent service to my family. My son Toby was diagnosed with brain convulsions at 15 months of age and at 4 yrs. old suffered from permanent brain damage that caused loss of speech. Later on he was also diagnosed with Autism. I have overcome very difficult situations with Toby because of his disability. It is challenging to find the right dental care for his needs. I am very happy to have found this dental clinic which has provided the care that he needs due to his medical condition. Toby requires frequent dental cleanings because of his disability. Most importantly I would like to mention that the staff has been loving and caring towards my son. Every time Toby receives his dental cleanings he requires frequent breaks and I am grateful to the staff for their understanding and patience with this matter. I am also grateful for all of the help provided to my family. May God bless you all,
Jesus Galan Vallejo*

Jesus is the father of a patient at the Chandler Children's Dental Clinic, extending his gratitude for the services and care provided to his family. The Children's Dental Clinic serves as a direct expression of the missions of the Chandler CARE Center and Dignity Health. The CARE Center's mission is to promote students' school readiness, attendance, and academic success and Dignity Health's mission is to deliver compassionate, high quality, affordable health services; serving and advocating for those who are poor and disenfranchised; and partnering with others in our community to improve quality of life. At Dignity Health, healing begins with human connection.

Donations allow these outreach programs to continue and expand services to our underserved neighbors in the Southeast community. By leveraging collective resources and talents, the Dignity Health Foundation - East Valley is able to increase services and affect the lives of more children and families by providing preventive and restorative dental services, medical care, immunizations, access to benefits, food boxes, behavioral and health counseling services and parenting support services.

The Foundation recently received two grant awards to continue serving and advocating for those who are poor and disenfranchised. The City of Chandler recently awarded a total amount of \$108,000, and a new partnership with Maricopa County Department of Public Health's *First Teeth First* program garnered nearly \$450,000.

Thank You Dorothy Foundation & Diane Milne for Guided Imagery

The Dorothy Foundation, Sandra and Jude LaCava, honored their mother with a generous gift to support a guided imagery program at Chandler Regional Medical Center. Thanks to more gifts at a recent unveiling the materials to practice guided imagery will be available to patients receiving treatment at Ironwood. ON Advertising donated their talent and created a video where Diane Milne thoughtfully explains the benefits to both patients and caregivers. A big thank you also goes out to Colby Trane and his nursing team who will utilize the guided imagery tools and offer them to their patients. There is more information at www.dorothy-foundation.org/ or designate your gift to cancer patient baskets or guided imagery at our website and you will make a big impact in the lives of these patients.



Donors Jude LaCava and Diane Milne join development officer Catrina Boppart in cutting the ribbon on the location of the library of guided imagery materials.

RAISE FUNDS WHILE HAVING FUN



Thanks to all of the dedicated volunteers who are raising funds to send patients to stroke camp (at left). \$70,000 is needed.

There is a "Craft Fair for Stroke" fundraising event on Sept 14th 7-10am & Sept 17th 1- 7pm at Chandler Regional Medical Center in the ASIC 1 & 2 conference rooms. Thanks to all who donated!



Dancing for Stroke - You will see some of your favorite health care providers and patients in this amazing show and dinner on Sat. October 3, 2015 @ 5:30 p.m. There is an "all dance" at 9:30 pm. and one of the guest celebrity judges is Jonathon Roberts from the hit ABC show.

"I am dancing," said Dr. Querishi, " for those who can not." Come see all of the volunteer dancers and vote for your favorite.

[For more information.](#)



Laughter is the Best Medicine "Cruising for a Cause" annual gala, featuring stellar entertainment and benefiting Cardiac Care will set sail on the Love Boat at 5 p.m. on Sat. November 7, 2015.

This is an action-packed night with comedy, magic, music and dance. It's an evening you won't want to miss and patients you want to support. Thanks to early sponsors the Arizona Diamondbacks, Advanced Foot and Ankle, Premier Emergency Medical Specialists, Mercy Care and our evening Captain's Sponsor the doctors and team at

the Heart Health Organization.

Employees can give of their time as a volunteer, of their talent as a performer, or contribute artwork to the art auction by contacting julieann.alvarado@dignityhealth.org.

[For more information.](#)

Two amazing fall events both at the Sheraton Wild Horse Pass Resort and Spa, a great partner of Dignity Health. Thanks to all the sponsors and to Gilbert Sun, San Tan News and ON Advertising for their in-kind advertising and promotions.



Mercy Gives Mercy Cares Employee Giving Campaign ON NOW

The Heath Family had a great time at the Diamondbacks game on the 24th of August! This is one of the many opportunities the employee members of the One Hour Club get when donating one hour of pay or one hour of PTO each paycheck. Every gift is important and makes a difference in our services and education!

Thank you to all of our employee donors. For anyone who needs more information on their gift options, the current campaign, or how to designate their gift, contact bridget.doherty@dignityhealth.org.



Honor our First Responders

DONATE NOW to have your name on a beautiful mural.

For more info call 480.728.3931.

Honor all first responders with your gift to the mural being completed at both CRMC and MGMC. There is still time to get your name on the plaque or attend an unveiling ceremony! Call 480.728.3931.

Thank you to all of our donors who have given more than \$125 since our last newsletter - we appreciate you!

Advanced Foot & Ankle Specialists of Arizona, Mr. and Mrs. Rudy Apodaca, Arizona Diamondbacks Foundation, Mr. and Mrs. John P. Bauer, Mr. and Mrs. Tim Bricker
Clean Energy Constructors, Mr. and Mrs. Charles Del Vecchio, Ms. Martha Docherty
ECD Systems, First Things First, Mr. John Ford, Ironwood Physicians, Kendra Scott Design, Ms. Ludivina Lirios, Thomas and Julia Marreel, Neurosurgical Associates, Northern Trust Premier Emergency Medical Specialists, Mr. Eric Sorensen, Team Select, Home Care-Arizona, Mr. Barry Urumogbu, Valley Women for Women OB/GYN, Mr. and Mrs. Ralph Walker

Thank you to our Benefactors who wish to remain Anonymous



Thank you for all of your donations and support. The On team is certainly making our Foundation look good. On Advertising is an interactive digital advertising agency created with one purpose: **to help our clients grow their bottom line.** www.on-advertising.com.

For More Information

Dignity Health Foundation East Valley now has more ways for you to get information – from Foundation and hospital news, to special events, fundraising campaigns and more. Please LIKE our [Facebook](#) page or watch our [website](#) for more information.

We're happy to speak to you in person, via phone or by e-mail, to answer your questions or assist you in opting out of communications or fundraising requests. Call the philanthropy team at 480.728.3931 or send us an e-mail at eastvalleyfoundation@dignityhealth.org.

To donate to the Dignity Health Foundation East Valley, please [click here](#).

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