

A RESOURCE GUIDE FOR FAMILIES

This resource guide was compiled by parents and families in your area who have experienced the loss of a baby. We want you to know that you are not alone, and though it may be difficult to reach out at this time, we found that the following resources offered comfort and support in our time of need. Please do not hesitate to contact us with any questions or for additional support: heavenshummingbirds@dignityhealth.org



BOOKS

Empty Cradle, Broken Heart: Surviving the Death of Your Baby

Deborah Davis

Three Minus One: Stories of Parents Love and Loss

Sean Hanish

They Were Still Born: Personal Stories About Stillbirth

Janel Atlas

An Exact Replica of a Figment of My Imagination: A Memoir

Elizabeth McCracken

A Silent Sorrow: Pregnancy Loss Guidance & Support for You and Your Family

Ingird Kohn & Perry-Lynn Moffit

Healing Your Grieving Heart After Stillbirth: 100 Practical Ideas for Parents and Families

Alan Wolfelt

Couple Communication After a Baby Dies: Differing Perspectives

Sherokee Ilse and Tim Nelson

Empty Arms: Coping with Miscarriage, Stillbirth, and Infant Death

Sherokee Ilse and Tim Nelson

Grieving Dads: To the Brink and Back

Kelly Farley and David Dcola

A Guide for Fathers: When a Baby Dies

Tim Nelson

Help, Comfort, and Hope After Losing Your Baby in Pregnancy or the First Year

Hannah Lothrop

How Do We Tell the Children?: A Step by Step Guide for Helping Children Cope When Someone Dies

Dougy Center Staff

When Hello Means Goodbye: A Guide for Parents Whose Child Dies Before Birth, At Birth, or Shortly After Birth

Pat Schwiebert and Paul Kirk

Life Touches Life: A Mother's Story of Stillbirth and Healing

Lorraine Ashe

You Are the Mother of All Mothers: A Message of Hope for the Grieving Heart

Angela Miller

Grieving the Child I Never Knew: A Devotional for Comfort in the Loss of Your Unborn or Newly Born Child

Kathe Wunnenberg

The Lone Twin: Understanding Twin Bereavement and Loss

Joan Woodward

Grandparents Cry Twice: Help for Bereaved Grandparents

Mary Lous Reed

Trying Again: A Guide to Pregnancy After Miscarriage, Stillbirth, and Infant Loss

Ann Douglas and John Sussman

Bearing the Unbearable: Love, Loss, and the Heartbreaking Path of Grief

Joanne Cacciatore, Jeffrey Rubin

Hannah's Hope: Seeking God's Heart in the Midst of Infertility, Miscarriage, and Adoption Loss

Jennifer Saake

BOOKS (FOR CHILDREN)

We Were Gonna Have a Baby, But We Had an Angel Instead

Pat Schwiebert and Paul Kirk

Someone Came Before You

Pat Schwiebert and Paul Kirk

When Someone Very Special Dies

Marge Heegaard

Something Happened: A Book for Children and Parents Who Have Experienced Pregnancy Loss

Cathy Blanford

The Story Of...Your Own Special Child: A Personalized Book to Cherish the Memory of a Loved One

Kate Polley

My Baby Big Sister: A Book for Children Born Subsequent to a Pregnancy Loss

Cathy Blanford

Always My Twin

Valerie Samuels

Love You Forever

Robert Munsch

Molly's Rosebush

Janice Cohn

Remembering Our Baby

Patti Keough

Thumpy's Story

Nancy Dodge

Our Baby Died. Why? Journal and Workbook for Children

Jake Erling

Tell Me, Papa

Joy and Marvin Johnson

What's Heaven?

Maria Shriver

A Child's View of Grief

Alan Wolfelt

**Compassion Books offers books on death, dying, comfort and hope
www.compassionbooks.com*

FILM

Return to Zero (2017)

Starring Minnie Driver and Paul Adelstein

MAGAZINE

Still Standing Magazine