COMPANION PROGRAMS
Meet with peers who can offer empathy, guidance and support, in person, over the phone, or through email.

Elizabeth Ministry International
Offers hope, help and healing
920-766-9380
www.elizabethministry.org

Return to Zero: HOPE
Provides bereavement services and support
http://rtzhope.org

Share Pregnancy & Infant Support
Supports those whose lives are touched by the tragic death of a baby through pregnancy loss, stillbirth or in the first few months of life
800-821-6819 www.nationalshare.org

COUNSELING
Well Mamas- Kim Kriesel, LAC, PMH-C
Specializes in anxiety, coping skills and depression
Heaven’s Hummingbirds (H.H) members will receive a 50% discount up to 6 sessions
480-319-4413 www.wellmamas.net

Therapy With Heart - Caryn Konodo, MSW
Specializes in grief and loss therapy
H.H. Preferred Partner, H.H. Members receive 15% discount
480-888-5380
www.therapywithheart.com

Innovative Counseling Group- Noelle Landay, LCSW
Specializes in PTSD, depression, grief and loss.
$100 per session for H.H. Members (normally $150)
602-329-2049
http://innovativecounselinggroup.com/

Paula Tanis, BSN, MC, LPC
480-777-9446
www.paulataniscounseling.com

Jonathan Harrop
Specializes in trauma and grief
928-710-4695
counselingfamilies@gmail.com

Marilyn Kieffer-Andrews, PHD, RNP
Specializes in depression, post partum issues, grief and loss
602-230-7113
www.drkiefeller-andrews.com

Family Strategies- Marie Ricks, LPC
Specializes in traumatic grief and loss
480-668-8301
www.familystrategies.org

Franciscan Renewal Center- Ryan Sheade, LCSW
Offers grief support. No one is turned away due to funding
480-948-7460
www.thecasa.org

Women’s Health Innovations of Arizona
Provides mental health needs for women around pregnancy, postpartum and parenting. Children’s and Family services available.
480-339-7119
www.whiariizona.org
Email: intake@whiariizona.com

Arizona Breastfeeding Center
Offers counseling for moms facing depression, anxiety and lactation support
480-442-8491
http://azbreastfeedingcenter.com/

CRISIS LINES
Arizona Warm Line: 888-434-6667
Postpartum Support: 800-944-4773
Maricopa County: 602-222-9444
Pinal/Gila/Yuma/La Paz: 866-495-6735
Gila River: 800-259-3449
Suicide Prevention for Postpartum Moms:
800-773-6667
National Suicide Line: 800-273-8255

EVENTS
Chandler Regional and Mercy Gilbert Medical Center’s Remembrance Service
www.heavens-hummingbirds.org/
*October 15th of each year

Dignity Health Family Remembrance Run
www.supportdignityhealtheastvalley.org/
*May of each year

FINANCIAL ASSISTANCE
Please confirm eligibility with funeral home of choice and each organization below.

Angel Names
Provides financial assistance for end of life expenses and counseling services
518-654-2411
www.angelnames.org

The Tears Foundation
Assists bereaved parents with financial expenses. Works with any Dignity Memorial mortuary/funeral home in the valley
623-225-8317
http://thetearsfoundation.org/application/
Hayden's Helping Hands
Assists parents with medical expenses after the birth of a stillborn baby (20+ weeks gestation)
503-504-0512
www.haydenshelpinghands.com
application: https://www.haydenshelpinghands.com/applying-qualifying

Luca John Foundation
Provides financial assistance for funeral expenses 866-613-2716
https://lucajohnfoundation.com/application: https://secure.jotform.us/form/50996428780166

Maricopa County Burial Assistance
www.maricopa.gov/524/burial-assistance
application available with funeral homes

**KEEPSAKES & MEMORIAL ITEMS**

**Molly Bears**
Provides comforting hand-made teddy bears www.mollybears.com

**Healing Embrace**
Provides hope, healing and support to families navigating miscarriage, stillbirth and infant death.
www.healingembrace.org

**Heaven's Gain Ministries**
Provides services and products for families suffering the loss of a child
513-607-6083
www.heavensgain.org

**Stardust Memorials**
Provides urns, jewelry, gifts, accessories 888-872-0228
www.stardust-memorials.com

**Still birthday**
www.stillbirthday.com

**Sufficient Grace Ministries**
Offers keepsakes and support services 419-278-7640
www.sufficientgraceministries.org

**OTHER RESOURCES**

**Direct Marketing Association**
DMA will remove your name from telemarketing materials for a fee
www.dmchoice.thedma.org

**Federal Trade Commission**
Contact to remove your name from baby product advertisements
https://www.consumer.ftc.gov/

**March of Dimes**
Focuses on research to improve the health of mothers and babies
602-287-9932
www.marchofdimes.org

**PALLIATIVE CARE RESOURCES**

**Center for Loss in Multiple Births (CLIMB)**
http://www.climb-support.org/

**Perinatal Hospice & Palliative Care**
www.perinatalhospice.org

**Hospice of the Valley**
602-530-6900 www.hov.org

**Ryan House**
602-200-0767 www.ryanhouse.org

**PHOTOGRAPHERS**

**Now I Lay Me Down To Sleep "NILM_DTS"**
Nonprofit organization of volunteer photographers providing the gift of remembrance portraits to parents experiencing the death of a baby.
480-788-2141
www.nowilaymedowntosleep.org

**Cris Voss Photography**
801-842-6461
www.crisvossphotography.com

**McCullar Photography (Mellissa Ronning)**
520-483-1247
www.mccullarphotography.com

**Shannon Williams Photography LLC**
520-820-8221
www.shannonwilliamsphoto.com

**SUPPORT GROUPS**

**Heaven's Hummingbirds Support Group**
Meets the 3rd Monday of each month from 6-7:30 pm
www.supportdignityhealtheastvalley.org/
what-we-support/heavenshummingbirds

**New Song Center for Grieving Children**
Open to anyone who is grieving the death of a loved one, specifically children/siblings.
602-776-6805

**MISS FOUNDATION**
Support groups offered for infant loss
602-279-6477
www.missfoundation.org

**Helping After Neonatal Death (HAND)**
Offers online and telephone support
888-908-4263
www.handonline.org

**Stepping Stones of Hope - Camp Paz**
Provides comprehensive support based programs to grieving families
602-264-7520
www.steppingstonesofhope.org

**Banner Pregnancy Loss Support Group**
Meets the 1st Monday of each month at 7pm
480-412-3595

**Women's Health Innovations**
Provides virtual therapeutic grief group for 8 weeks, rotating throughout the year. Thursdays.
Register at www.whi.az.org

If there are any outdated resource, please contact the team at Heaven's Hummingbirds via heavenshummingbirds@DignityHealth.org