

A RESOURCE GUIDE FOR FAMILIES



This resource guide was compiled by parents and families in your area who have experienced the loss of a baby. We want you to know that you are not alone, and though it may be difficult to reach out at this time, we found that the following resources offered comfort and support in our time of need. Please do not hesitate to contact us with any questions or for additional support:

heavenshummingbirds@dignityhealth.org

COMPANION PROGRAMS

Meet with peers who can offer empathy, guidance and support, in person, over the phone, or through email.

Elizabeth Ministry International

Offers hope, help and healing
920-766-9380
www.elizabethministry.org

Return to Zero: HOPE

Provides bereavement services and support
<http://rtzhope.org>

Share Pregnancy & Infant Loss Support

Supports those whose lives are touched by the tragic death of a baby through pregnancy loss, still birth or in the first few months of life
800-821-6819 www.nationalshare.org

COUNSELING

Well Mamas - Kim Kriesel, LAC, PMH-C

Specializes in anxiety, coping skills and depression
Heaven's Hummingbirds (H.H) members will receive a 50% discount up to 6 sessions
480-319-4413 www.wellmamas.net

Therapy With Heart - Caryn Konodo, MSW

Specializes in grief and loss therapy
H.H. Preferred Partner, H.H. Members receive 15% discount
480-888-5380
www.therapywithheart.com

Innovative Counseling Group - Noelle Landay, LCSW

Specializes in PTSD, depression, grief and loss. \$100 per session for H.H. Members (normally \$150)
602-329-2049
<http://innovativecounselinggroup.com/>

Paula Tanis, BSN, MC, LPC

480-777-9446
www.paulataniscounseling.com

Jonathan Harrop

Specializes in trauma and grief
928-710-4695
counselingfamilies@gmail.com

Marilyn Kieffer - Andrews, PHD, RNP

Specializes in depression, postpartum issues, grief and loss
602-230-7113
www.drkieffer-andrews.com

Family Strategies - Marie Ricks, LPC

Specializes in traumatic grief and loss
480-668-8301
www.familystrategies.org

Franciscan Renewal Center - Ryan Sheade, LCSW

Offers grief support. No one is turned away due to funding
480-948-7460
www.thecasa.org

Women's Health Innovations of Arizona

Provides mental health needs for women around pregnancy, postpartum and parenting. Children's and Family services available.
480-339-7119
www.whiarizona.org
Email: intake@whiarizona.com

Calm Hearts Counseling - Christine

Slomski, MS, MPC
Provides counseling services for anxiety, trauma, grief, infertility counseling, Women's Mental Health
480-253-9171
www.calmheartscounseling.com
hello@calmheartscounseling.com

Arizona Breastfeeding Center

Offers counseling for moms facing depression, anxiety and lactation support
480-442-8491
<http://azbreastfeedingcenter.com/>

CRISIS LINES

Arizona Warm Line: 888-434-6667
Postpartum Support: 800-944-4773
Maricopa County: 602-222-9444
Pinal/Gila/Yuma/La Paz: 866-495-6735
Gila River: 800-259-3449
Suicide Prevention for Postpartum Moms: 800-773-6667
National Suicide Line: 800-273-8255

NILMDTS Remembrance Walk

www.nowilaymedowntosleep.org/remembrancewalk
**See website for dates*

Hopelifters Hope on Wheels

www.hopeonwheels.net
**See website for dates*

Return to Zero Women's Healing Retreats

www.returntozerohealingcenter.com
** See website for dates*

Pregnancy & Infant Loss Remembrance Day

www.october15th.com
** October 15th of each year*

MISS Foundation Kindness Walks

<https://missfoundation.org/>
** See website for dates*

Banner Health: Walk to Remember

480-412-3595
** October of each year*

Rachel Perrella Photography

www.rachelperrella.photography
**will give away a photo session on May 24th and October 15th of each year*

FINANCIAL ASSISTANCE

Please confirm eligibility with funeral home of choice and each organization below.

Angel Names

Provides financial assistance for end of life expenses and counseling services

518-654-2411
www.angelnames.org
Application: https://www.angelnames.org/assets/rfa-form-with-faq-on-p1_2015.pdf

The Tears Foundation

Assists bereaved parents with financial expenses. Works with any Dignity Memorial mortuary/funeral home in the valley
623-225-8317
<http://thetearsfoundation.org/>
application: <https://thetearsfoundation.org/application/>

Hayden's Helping Hands

Assists parents with medical expenses after the birth of a stillborn baby (20+ weeks gestation)

503-504-0512

www.haydenhelpinghands.com

application: <https://www.haydenhelpinghands.com/applying-qualifying>

Luca John Foundation

Provides financial assistance for funeral expenses 866-613-2716

<https://lucajohnfoundation.com/>

application: <https://secure.jotform.us/form/50996428780166>

Maricopa County Burial Assistance

www.maricopa.gov/524/burial-assistance

application available with funeral homes

KEEPSAKES & MEMORIAL ITEMS

Healing Embrace

Provides hope, healing and support to families navigating miscarriage, stillbirth and infant death.

www.healingembrace.org

Heaven's Gain Ministries

Provides services and products for families suffering the loss of a child

513-607-6083

www.heavensgain.org

Stardust Memorials

Provides urns, jewelry, gifts, accessories

888-872-0228

www.stardust-memorials.com

Still birthday

www.stillbirthday.com

Sufficient Grace Ministries

Offers keepsakes and support services

419-278-7640

www.sufficientgraceministries.org

OTHER RESOURCES

Direct Marketing Association

DMA will remove your name from telemarketing materials for a fee

www.dmachoice.thedma.org

Federal Trade Commission

Contact to remove your name from baby product advertisements

<https://www.consumer.ftc.gov/>

March of Dimes

Focuses on research to improve the health of mothers and babies

602-287-9932

www.marchofdimes.org

PALLIATIVE CARE RESOURCES Center for Loss in Multiple Births (CLIMB)

<http://www.climb-support.org/>

Perinatal Hospice & Palliative Care

www.perinatalhospice.org

Hospice of the Valley

602-530-6900 www.hov.org

Ryan House

602-200-0767 www.ryanhouse.org

PHOTOGRAPHERS

Now I Lay Me Down To Sleep "NILMDTS"

Nonprofit organization of volunteer photographers providing the gift of remembrance portraits to parents experiencing the death of a baby.

480-788-2141

www.nowilaymedowntosleep.org

Cris Voss Photography

801-842-6461

www.crisvossphotography.com

McCullar Photography (Mellissa Ronning)

520-483-1247

www.mccullarphotography.com

Shannon Williams Photography LLC

520-820-8221

www.shannonwilliamsphoto.com

SUPPORT GROUPS

Heaven's Hummingbirds Support Group

Meets the 3rd Monday of each month from 6-7:30pm

www.heavens-hummingbirds.org

New Song Center for Grieving Children

Open to anyone who is grieving the death of a loved one, specifically children/siblings.

602-776-6805

<https://www.hov.org/our-care/grief-support/new-song-center-for-grieving-children/>

MISS FOUNDATION

Support groups offered for infant loss

602-279-6477

www.missfoundation.org

Helping After Neonatal Death (HAND)

Offers online and telephone support

888-908-4263

www.handonline.org

Stepping Stones of Hope - Camp Paz

Provides comprehensive support based programs to grieving families

602-264-7520

www.steppingstonesofhope.org

Banner Pregnancy Loss Support Group

Meets the 1st Monday of each month at 7pm

480-412-3595

Women's Health Innovations

Provides virtual therapeutic grief group for 8 weeks, rotating throughout the year.

Thursdays.

Register at www.whiarizona.org

EVENTS

Chandler Regional and Mercy Gilbert Medical Center's Remembrance Service

www.heavens-hummingbirds.org

*October 15th of each year

Dignity Health Family Remembrance Run

www.supportdignityhealththeeastvalley.org *May of each year